

Term 1 Lunch Menu - September 2025

Week 1		Tuesday Ingoldmells only	Wednesday - Ingoldmells only	Thursday	Friday
	SCHOOL CLOSED	Roast Chicken, Steamed Potatoes, Mixed Vegetables & GF Gravy	Homemade Lasagne & Mixed Vegetables	Meatballs in a Homemade Tomato Sauce, Pasta & Broccoli	Fish Star, Potato Wedges, Peas & Ketchup
Mon 01/09/25		Quorn Fillet in Gravy, Steamed Potatoes, Mixed Vegetables & GF Gravy	Quorn Lasagne & Mixed Vegetables	Vegetarian Meatballs in a Homemade Tomato Sauce, Pasta & Broccoli	Vegetable Burger, Potato Wedges, Peas & Ketchup
		Egg Mayonnaise Baguette Served with Carrot Sticks, Gingerbread Men & Fruit	Ham Sandwich, Cucumber, Shortbread & Fruit	Cheese Sandwich, Vegetable Sticks, Yoghurt & Fruit	Ham Roll, Crunchy Vegetable Sticks, Doughnut & Fruit
		Jacket Potato with Cheese & Salad	Jacket Potato with Tuna Mayonnaise & Salad	Jacket Potato with Mini Sausages & Beans and Broccoli	Jacket Potato with Cheese & Beans
		Fruit Salad	Yoghurt	Homemade Apple Cake	Doughnut
		Fruit	Fruit	Fruit	Fruit
Week 2	Sweet & Sour Chicken, Rice & Vegetables	Lincolnshire Chipolatas, Mashed Potato & Beans	Roast Chicken, Potatoes, Mixed Vegetables & GF Gravy	Cheese & Tomato Pizza, Potato Wedges & Cucumber Slices	Fish fingers, Crispy Cube Potatoes, Peas & Ketchup
W/c	Sweet & Sour Quorn Pieces, Rice & Vegetables	Vegetarian Sausage, Mashed Potato & Beans	Cheese & Onion Pasty, Potatoes & Mixed Vegetables	Sweet Potato Falafel, Potato Wedges & Cucumber Slices	Vegetable Fingers, Crispy Cube Potatoes, Peas & Ketchup
08/09/2025	Cheese Sandwich, Vegetable Sticks, Soreen Loaf & Fruit	Ham Baguette, Carrot Sticks, Shortbread & Fruit	Tuna & Mayonnaise Sandwich, Cucumber Slices, Soreen Loaf & Fruit	Ham Wrap, Cucumber Slices, Jelly & Fruit	Cream Cheese Bagel, Vegetable Sticks, Yoghurt & Fruit
	Jacket Potato with Cheese & Salad	Jacket Potato with Meatballs (contains pork) in Tomato & Herb Sauce & Salad	Jacket Potato with Sliced Ham & Salad	Jacket Potato with Beans & Cucumber Slices	Jacket Potato with Traditional Bolognese (contains pork) & Peas
	Shortbread & Milk	Homemade Chocolate Cake with Butter Cream Topping	Yoghurt	Fruit Crumble with Custard	Fruity Jelly
	Fruit	Fruit	Fruit	Fruit	Fruit